



1-800-653-1785 [www.csa.us](http://www.csa.us)  
Certified Senior Advisor (CSA) ®  
Certification Course Review  
September 18-21, 2012  
Raleigh, NC

Radisson Hotel Research Triangle Park  
150 Park Drive  
RTP, NC 27709

**Hotel Information:**

**Group name:** Society of Certified Senior Advisors

**Group room rate:** \$96.00

**Phone:** Please call (919) 549-8631 to make your room reservation

**Parking:** Complimentary self-parking

**Transportation:** Complimentary hotel shuttle service within a 5-mile radius and complimentary airport shuttle to Raleigh-Durham International Airport (RDU).

**Onsite Restaurant:** Galeria – open for breakfast, lunch and dinner.

**Nearby Restaurants:**

Applebee's, The Cheesecake Factory, Chili's, P.F. Chang's and Maggiano's are just a few of the restaurants located within a 5-mile radius.

**Airport Information:**

Raleigh-Durham International Airport is approximately 6-miles from the Radisson Hotel Research Triangle Park.

**Dress Code:**

Business casual

**Materials You Need to Bring:**

Bring a pencil or pen, your blue CSA textbook, PowerPoint Notebook, and business cards for networking with other class members. You may want to print, or save to your electronic device, the Key Terms and Concepts/Review Questions in the CSA Exam Study Guide to review at class. The interactive online CSA Exam Study Guide is available at <http://courses.csa.us>.

**Class Schedule:**

Class begins at 8:00 a.m. and ends at 5:00 p.m. each day.

Testing is on the fourth day and begins promptly at 8:00 a.m.

Please see the class schedule for details.

**Additional Information: Morning and afternoon beverages provided.**



**CSA Certification Class**  
**Radisson Hotel Research Triangle Park**  
**150 Park Drive**  
**RTP, NC 27709**  
**September 18-21, 2012**

**Day 1**

**Tuesday, September 18**

**Textbk**

**PPT Bk**

Time	Topic	Instructor	Textbk	PPT Bk
8:00 - 8:15	Welcome and Introductions, About SCSA & CSAs	Jim McCabe	Handout	
8:15 - 9:05	Trends and The Experience of Aging	Jim McCabe	3-103	1-8
9:15 - 10:10	Physiological Changes of Aging	Jim McCabe	45	17-28
10:20 - 11:10	Cognitive Aging	Jim McCabe	324	101-110
11:20 - 12:10	Mental Health, Grief and Loss in Later Life	Jim McCabe	651	29-38
12:10 - 1:10	<b>Lunch</b>			
1:10 - 2:00	Nutrition, Fitness and Healthy Lifestyles	Jim McCabe	298	87-100
2:10 - 3:00	Aging and Society	Jim McCabe	16	9-16
3:10 - 4:00	Senior Housing	Jim McCabe	201	57-62
4:10 - 5:00	Family and Social Support Systems	Jim McCabe	119	39-48

**Day 2**

**Wednesday, September 19**

**Textbk**

**PPT Bk**

Time	Topic	Instructor	Textbk	PPT Bk
8:00 - 8:05	Daily Announcements	Jim McCabe		
8:05 - 8:55	Chronic Illness in Seniors	Jim McCabe	267	75-86
9:05 - 9:55	Home and Community-Based Services	Jim McCabe	238	63-74
10:05 - 11:10	Caregivers and Caregiving in America	Jim McCabe	170	49-56
11:20 - 12:10	Spirituality	Jim McCabe	347	111-112
12:10 - 1:10	<b>Lunch</b>			
1:10 - 2:00	Financial Choices: Retirement (Financial Lit I)	David Stitt	455	131-138
2:10 - 3:00	Financial Choices: Income Taxes (Financial Lit II)	David Stitt	475	139-146
3:10 - 4:00	End-of-Life Planning	David Stitt	366	123-130
4:10 - 5:00	When You Are a CSA	David Stitt	Handout	

**Day 3**

**Thursday, September 20**

**Textbk**

**PPT Bk**

Time	Topic	Instructor	Textbk	PPT Bk
8:00 - 8:05	Daily Announcements	David Stitt		
8:05 - 8:55	Estate Planning (Financial Lit III)	David Stitt	404	147-154
9:05 - 9:35	<i>Financial Literacy Activities and Discussion</i>	David Stitt	Handout	
9:45 - 10:35	Long-Term Care Coverage	David Stitt	455	155-160
10:45 - 11:35	Medicaid and Seniors	David Stitt	611	171-178
11:35 - 12:35	<b>Lunch</b>			
12:35 - 1:25	Medicare	David Stitt	587	161-170
1:35 - 2:25	Social Security	David Stitt	629	179-186
2:35 - 3:25	<i>Case Study Activities and Discussion</i>	David Stitt	Handout	
3:25 - 3:55	Ethics in Doing Business with Seniors	David Stitt	651	187-198
3:55 - 5:00	Test Taking Tips & Closing Remarks	David Stitt	Handout	

**Day 4**

**Friday, September 21**

8:00 - 11:00	CSA Exam	Proctors		
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